

BCC-IWLA SUMMER BIATHLON PROGRAM

2026 PRACTICE SCHEDULE

MISSION: To provide a venue for novice through world class summer biathletes to learn and/or refine the skills inherent to the sport.

To provide a vehicle to introduce athletes of other sports to the shooting sports and consequently an understanding of firearms and the Second Amendment (BCC-IWLA members please recruit, in particular, middle school, high school, and collegiate athletes – freedom/liberty is never more than one generation away from extinction).

ELIGIBILITY: Summer Biathlon is open to all BCC-IWLA members 12 years and older, as well as, sponsored guests. **BCC-IWLA members rate is \$2.00 per session. Non-member rate is \$5.00 per session. SEASON PASS: member -- \$25; non-member -- \$65**

EVENT: Running distances at BCC-IWLA are set at 5 kilometers (3.1 miles) split into 5 loops or 3 -- one mile loops. Currently, a single course at each length has been laid out. A short course for those working up to the other distances has been laid out as well. The regulation shooting distance is 50 meters, however, targets are also set at 25 meters for development of the shooting art. There are four shooting stops on the 5km course and two stops on the 3 mile course. Shooting stops alternate between prone (lying down) and off-hand (standing) positions. Five rounds are fired at each stop for a total of 20 shots on the 5km course and 10 shots on the 3 mile course. An equal number of shots are fired from each shooting position.

SCORING: Scoring is based on a time to complete basis. A penalty of either one (1) minute or a 50-100 meter penalty lap will be assessed for each shot missed.

EQUIPMENT: .22 caliber biathlon rifles are the standard; however, any magazine fed, .22 caliber rifle with either bolt or lever action is permitted. **Only standard velocity .22 caliber target ammunition is allowed.**

If you have questions or wish to be on the BCC-IWLA mailing list, contact **Steve Eschholz c:240-472-6512**(text best)/fitnesscrafters@proton.me, chairman BCC-IWLA Biathlon Committee. Other points of contact are: Sonny Lacey c:469-360-3500(text best)/sonny@coldwaterdesign.com; Sean Stevens c 202-230-2256(text best)/seanhoya@gmail.com.

Saturday, 28 MAR 2026 --- 0730
Saturday, 11 APR 2026 --- 0730
Saturday, 25 APR 2026 --- 0730
Saturday, 9 MAY 2026 --- 0730
Saturday, 30 MAY 2026 --- 0730
Saturday, 6 JUN 2026 --- 0730

Saturday, 20 JUN 2026 --- 0730
Saturday, 27 JUN 2026 --- 0730
Saturday, 11 JUL 2026 --- 0730
Saturday, 25 JUL 2026 --- 0730
Saturday, 8 AUG 2026 --- 0730
3d Annual BCC-IWLA Biathlon

Saturday, 22 AUG 2026 --- 0730

Saturday, 12 SEP 2026 --- 0730

Saturday, 26 SEP 2026 --- 0730

Saturday, 3 OCT 2026 --- 0700*

FIREARMS HUNTING SEASON

Saturday, 7 NOV 2026 --- 0730

Saturday, 14 NOV 2026 --- 0730

FIREARMS HUNTING SEASON

Saturday, 20 MAR 2027 --- 0730

Saturday, 10 APR 2027 --- 0730

Saturday, 24 APR 2027 --- 0730